

ENTER TO WIN

**Family Movie Tickets** to the San Juan Theatre

 It is as easy as…

1. Cook and eat Dinner together as a family
2. Take a picture eating together
3. Email your picture to amitchell@sanjuancc.org

Then your family will be entered into a drawing to win movie tickets to the movie of their choice at San Juan Theatre. Your photo will then be posted on our sjcpac.com website and Facebook page!

REMEMBER THAT…



**EATING FAMILY DINNER TOGETHER…** (5-7 Times a Week)

Has proven to reduce…

…**SUICIDE** by 50%... and

**UNDERAGE DRINKING** by 33%



Learn more at [www.parentsempowered.org](http://www.parentsempowered.org)